





Join Paralympic Gold Medallist, <u>Katrina Webb</u> <u>OAM</u>, and world-renowned violist, <u>Anna Kuk</u>, as they take you on a unique leadership journey designed to kindle your passion, awaken your innermost self, and transform your viewpoint on effective leadership.

Prepare to gain deep insights into your leadership abilities and discover the art of 'making music' with others around you.

# What you'll learn

- Leadership mastery Discover the art of inspiring excellence in others and yourself, as well as leading for the greater good.
- Team building secrets Learn how to reshape dynamics and build togetherness to create a harmonious, high-performing workplace.
- Well-being wisdom Acquire a toolkit of strategies for well-being to elevate your daily life.

### **Event details**

Day: Tuesday, 21st May 2024 Time: 9.30am – 4.30pm Venue: Women's Memorial Playing Fields, Adelaide

Investment: \$250 + GST per person. Once booked, the monies are non-refundable. However, you can send a substitute, if required.

**BOOK NOW** 

- Purpose discovery Uncover what truly motivates you and leverage your extraordinary talents for a more fulfilling existence.
- **Performance insights** Learn how to optimise your performance, both personally and professionally.

# **About your facilitators**

#### **Katrina Webb**

<u>Katrina Webb OAM</u> is on a mission to lead humanity to embrace and harness 'our difference' together. Through the art and science of self-mastery, Katrina delivers the Elements for Impact - Purpose, Performance and Potential.

As a Paralympic gold medallist, Katrina experienced the power of embracing and harnessing her own ability and disability equally to realise her full potential. Her commitment to sharing this life-changing alchemy of skill, talent and mastery now empowers leaders across the globe.

For over two decades, Katrina has transformed corporate leaders in conference rooms, professionals in their lounge rooms, and elite athletes in change rooms from experiencing limited success and downplaying their unique difference, to realising their full potential through unlocking self-mastery, performance wellbeing and whole leadership.



Through her inspiring keynotes, personable masterclasses and impactful program delivery, Katrina takes people on a transformative journey to ignite purpose, human potential and team performance.

These vital elements are key for succeeding, thriving and generating a lasting positive impact in their social, local and global communities.

Delivering her programs with authenticity, wholehearted compassion, humility and grace, Katrina is driven by an insatiable curiosity and intense passion to help others reveal their hidden aspects, so they too can unlock infinite possibilities.



#### **Anna Kuk**

Anna Kuk is a Polish professional violinist, writer and facilitator based in Paris. She is a polyvalent and experienced artist with the unique ability to use the language of the art and music to explain the most complex social and self-development phenomena.

As a violinist, she has collaborated with the most prestigious orchestras, playing concerts in

more than 19 countries across the globe. As a leader she was one of the members of Women Emerging Leadership Expedition (2022), being one and only professional musician in the team of 24 international leaders.

Drawing wisdom and experience from all these fields, she wrote a book, <u>SEE.LISTEN.PLAY</u>, where she explains the dynamics of playing in the orchestra into the social environment and self-development. It was recommended by the European Union Orchestra (EUYO) and won an award by Literary Titan (USA).

Her signature motto "Everyone Plays Music Without Knowing It" is the core of all her professional activity. In 2024 she released her first solo album, with her original music and poems, inspired by reflections on "being visible for yourself and society". The premiere concert took place in Rockefeller Foundation in New York and Chateau Ville d'Avray in France. Anna lives in Paris with her husband and cat. She speaks five languages fluently.